

Remember Summer 2017



Windridge Times

Volume 2017 - 2018 Issue 1

Fall

Windridge's 50th Summer Was Amazing!

It has been a beautiful fall here in Vermont, and a great way to end our 50th summer. It was a wonderful action packed summer, and we want to thank you all for making our 50th so special. We had a great reunion with many staff and campers in attendance, reminiscing about their favorite memories of past summers at Windridge and making new ones. Check us out at: <http://www.windridgecamps.com/> alumni for a slide show of the reunion.

Enrollment is open, and we are already receiving applications for 2018. We are happy to say we have been able to hold off any rate increase since 2016. You will find that the sessions start on the same weekends as the last couple of summers, so enroll now to reserve your spot for another awesome Windridge experience. Enroll before the end of November and take advantage our early enrollment discount.



Many of our staff have already let us know that they are ready to return for another summer. It was truly an exciting and rewarding experience for them with so many friendships made from all over the world.

Our winter crew is busy recruiting campers and staff for next season. Thank you all for spreading the word about Windridge. You are our best recruiters! One of the ways we get the word out is through home visits. We thank the many camp families who have hosted a visit in the past. We are always looking for new host families and areas to visit. These visits are very low key. Families invite friends and potential new campers, and we come and talk about the virtues of Windridge. If you're interested, we would love to set something up. Please give us a call and we can talk about the possibilities.

We love hearing about any activities our campers are involved in over the winter. Please keep in touch, and we hope to see you all again next summer.

Warm Regards,

Leanne, Misha, Ted and Norbs

Doubles play: Working together to achieve a common goal!

In a doubles match, you will have your partner to work with to achieve your common goal: to win the match. Due to having more people on the court, the way the game is played will be different from a singles match.

Different strategies, positioning and even shot selection contribute to making each doubles match unique.

The one aspect of the game that you can keep constant is your partner.

There is no greater feeling on a doubles court than being on the same wavelength as your partner. For beginners this may be the awareness of knowing where your partner is positioned on the court. For advanced players it can be that you even suggest the same plays and serve placements before the next point.

The best way to gain good chemistry and build up confidence with a doubles partner is by playing lots of matches together. During these matches you will learn from each other's mistakes and from your opponents.

However, there are some other things that can speed up this process, and that can be helpful when playing with any partner.

Communication is probably the most important of them all. This not only refers to communicating during the match, but also prior to stepping out on the court.

Taking the time to get to know each other's strengths and weaknesses will allow you to make better decisions on the court. For example, if you have a better backhand than forehand, you should return on the backhand side.

Analyzing and discussing your opponents during the warm up is another form of communication that is important. Talking about potential weaknesses and plans to implement during the match builds confidence and chemistry with your partner.

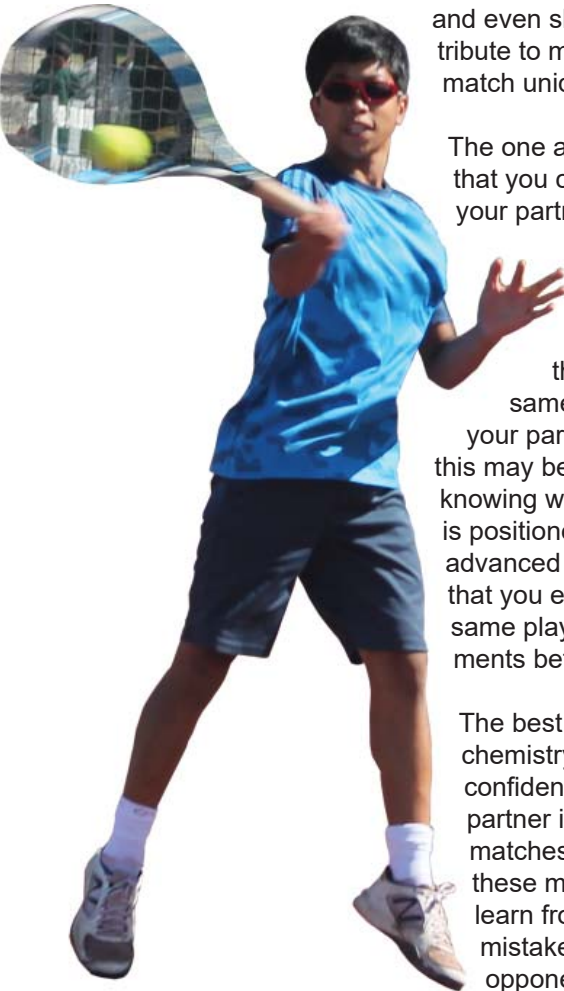
Walking back to the baseline with your partner before he or she serves or receives and having a small chat is always good.

Just as in a singles match, it is important to think about what has been working and what needs to change.

Consistent encouragement and effective communication with your partner will not only ensure you have the best possible chance of victory, but also allow you to enjoy stepping out on the court every time with your best friend.

Good luck guys,

Leon van Voorthuizen & Mauricio Gonzalez



Session Dates for 2018

Session	Dates	Days	Cost	Riding
Session 1	Saturday, June 16 - Thursday, July 5	20	\$4,500	\$850
Session 2	Saturday, July 7 - Thursday, July 26	20	\$4,500	\$850
Session 3	Saturday, July 28 - Saturday, August 11	15	\$3,375	\$640
Two Sessions	Stay any two sessions and receive a \$500 discount			
S1 Rookie Camp	Saturday, June 16 - Monday, June 25 (ages 7-10)	10	\$2,250	\$425
S2 Rookie Camp	Saturday, July 7 - Monday, July 16 (ages 7-10)	10	\$2,250	\$425
S3 Rookie Camp	Saturday, July 28 - Monday, August 6 (ages 7-10)	10	\$2,250	\$425

Tips for hitting the perfect knuckleball free kick.

Ever wonder how the professional players (Cristiano Ronaldo among them, as arguably the most responsible for making this type of strike famous), hit the knuckleball free kick that has a very unpredictable trajectory? Why is his set-up for the shot so funny looking? Here are some tips to help you also make your free kicks a nightmare to stop for the goalkeepers.

Firstly, there is some interesting physics behind the knuckleball to understand. The key to hitting this type of shot is to hit the ball with the least amount of spin. This can lead into creating air flows around it producing sideways forces, resulting in the ball deviating from its straight path.

Choosing the right type of soccer ball can also help. The smoother the surface of the ball, the better the chance of creating the perfect conditions for the airflow to ensure this effect. That is why this shot has become very popular with arrivals of new technologies and balls like Roteiro, Jabulani etc. Also, it is important to understand that this type of shot is usually chosen while being a bit further from the goals, so the ball has time to create the unpredictable zigzag trajectory.

The point of contact should be exactly in the middle of the ball with the laces of your cleats. Turning a bit sideways and striking the ball with your inside-foot bone (inside laces) can help to ensure the perfect point of contact. Your planting foot should be right next to the ball. These two tips are similar to the basic fundamentals of striking the soccer ball. A slight difference might be in the follow through. In this scenario, try to hold up your follow through and stop dragging your leg as soon as you hit the ball. Keep your body and torso up straight, balancing slightly over the ball. It almost feels like you want to quickly slap the ball with your foot and pull back immediately as you hit it. This will prevent from adding additional spin to the ball.

Free kicks have become a popular topic of conversation, especially during our private lessons and lessons in smaller groups. Next time you come, we will make sure to teach you how to frustrate your goalkeeper friends with a perfect knuckleball shot!

All the best, Frank Zurek



My First Session At Camp

Let me take you back three years ago. I was in my third year at University, and debating how I was going to spend the summer ahead. Do I get an internship, part time job, or lounge around?

One of my friends had been to camp the summer just gone and it looked like he had an amazing time, but would it suit me? I researched summer camps, and with slight trepidation I filled out a form and applied. I was unsure if I'd get an offer at all, but within a couple of weeks I had two offers from two different camps. Two managers, one named Alex and the other Norbert. Alex seemed quite near my age, had a great sounding camp, and I was going to be a water ski boat driver. Norbert was a little further from my age, had a strong accent, and I struggled to understand what he was offering. So naturally I accepted Norbert's offer. This turned out to be one of the best decisions of my life.

I arrived at Windridge for the first time on June 18th, 2015. The van arrived late on opening day, and within minutes I was in a skit in front of the whole camp. As time progressed opening campfire would become one of my favorite evening activities. It was daunting being in front of so many people, especially being heavily jet lagged.

Next thing I knew I was in a cabin with eight 12 year old boys on a top bunk of a very small bed. I'm 6' 4" and did not fit, and on top of that there is a train that goes past in the night, which loves to sound its horn at 3am. I was up at 5am due to jet lag, and had a chance to see camp in the daylight for the first time. Where was I? It was incredibly peaceful and quiet. I started to fall in love with the location immediately, and started to feel warmer about my decision. Then at 7.30am on the dot, a guy named Will ended this feeling by ringing a very loud bell and instantly bringing 130 kids to life. The serene tranquility had gone and was replaced by a buzz of excitement and enthusiasm. My cabin co-counsellor was a guy named Dom. We had never met before despite living only 20 minutes away back in England. Together we coerced our eight tyrants out of bed and to breakfast.

At breakfast I was in for a treat! Bacon, waffles, fresh fruit and no washing up, I could get used to this. Being a tennis counsellor I was pointed to the courts, given four budding athletes, and had one hour forty to teach

them some tennis. I was a bit nervous, but luckily I had a trusty companion named Seth who was at home instantly and helped me through the first few days. Over the next few days I grew in confidence and started to feel comfortable. I also had an opportunity to lead mountain biking (I fell off), archery (I lost most of the arrows), and rec games (where a Junior Counsellor named Cate completely schooled me on how to be a counsellor).

Evening activities came and went, with some favorites of mine being pool party (during my time at camp I was pushed in by the victors 7 out of 8 times), survival and MTV night.

Camp was now two weeks old and I felt at home and comfortable in my daily activities, but Norbs was not happy with this. He wanted to throw a curve ball and mix it up. So started the first

Teela Games of 2015. I had seen the plaques in the dining hall from games gone by, but I did not know what lay ahead. I describe it to friends as a sports day/athletics event, but ten times larger and thought of by a uniquely creative mind (aka Norbert)! Events include Hatchet Hunt, Snowball Fight, Bedlam and Race to the Summit. Tennis, riding and soccer tournaments are all in there as well. It culminated in the craziest but best three days you can have anywhere! And before you know it Teela Games is over and with it camp.

Now you have to try and say goodbye to some of the greatest people, colleagues, kids, friends and family.

I have been lucky enough to have had three summers at camp, and I now have a new family in the rolling green hills of Vermont. I will cherish the memories with all my heart for the rest of my days.

So was my decision three years ago to attend Windridge a good one? I think the answer is clear.

Best regards, Alfie

by Alfie



The Best Summer Ever

This past summer was the most fun, most rewarding and most successful summer of all of the 50 summers that I have spent at Windridge. What made it such a great summer? It was a combination of an extremely experienced staff and a terrific group of campers, all of whom were at Windridge for the same purpose – to make new friends; to improve their athletic skills; and to learn and appreciate the values of hard work, good sportsmanship, and teamwork. Everybody at Windridge this summer worked together as a team. These are the same values that Windridge was built upon 50 years ago. But as the expression “Rome wasn’t built in a day” implies, it takes time to put all of the pieces of a puzzle together. 2017 was the summer when everything came together at Windridge.

Let’s take a look at the key players on this summer’s staff who were instrumental in making all of our programs run so smoothly. Let’s start at the top. This was Norbert Auger’s 12th year as our Director. He is extremely bright; he’s the hardest working person I’ve ever met; he’s fair, he’s fun, and he’s doing his job because he absolutely loves to see kids having fun. I am so blessed to have a director who is so committed to his job!

Our Assistant Director, Misha Monticciolo, just completed her third summer at Windridge. Each summer she has become more comfortable and confident in her responsibilities....which includes overseeing the CIT and JC programs, overseeing the Health Center and female-related camper or counselor issues, being a mom to her three children, and, in her spare time playing her favorite sport – tennis.

It’s rare when we have a summer when all of our Senior Staff return. Such was the case this summer. Sue McNeill returned for her thirteenth year as Riding Director. Sue announced that she is retiring at the end of the summer. We think so highly of her that we’ve named the barn in her honor. We are on the lookout for a new Director, but whomever we hire has big shoes to fill. Thanks, Sue, for your many years of dedication to our riding program!

Leon Van Voorthuizen returned for his third summer at Windridge, his second as Tennis Director. His energy and enthusiasm for the game of tennis is infectious, and he continues to add new drills and games to our already strong tennis program. Leon will return next summer and will have Mau and Pietro as his top assistants.

Frank Zurek and his assistant, David Dlabaja – the Czech connection – again ran an outstanding soccer

By Ted Hoehn

program. Frank continues to be attuned to the cutting edge of soccer, and he brings a sense of commitment and discipline, along with lots of fun games and drills, to our increasingly popular soccer program.



Another veteran who is a rock to the success of our camp is our Office Manager, Leanne Crewdson. Leanne has been with Windridge for thirteen years on a year-round basis; her strong administrative skills and her knowledge of our campers and their families is something very special. She and Norbs form an amazing team that would be incredibly difficult to replace.

This list goes on and on. Our Head Counselors, Will and Annie, have a combined total of twenty summers at Windridge. They were the best duo of head counselors we’ve ever had at Teela. Prue did an excellent job as Electives Director, as did Dave as our Head Nurse. Behind the scenes, our Director of Maintenance, Jay Chamberlin, continues to maintain and improve our vast physical plant. The camp has 97 buildings on the property, not to mention all of the playing fields, tennis courts, riding rings, roads, septic systems, etc., that Jay oversees.

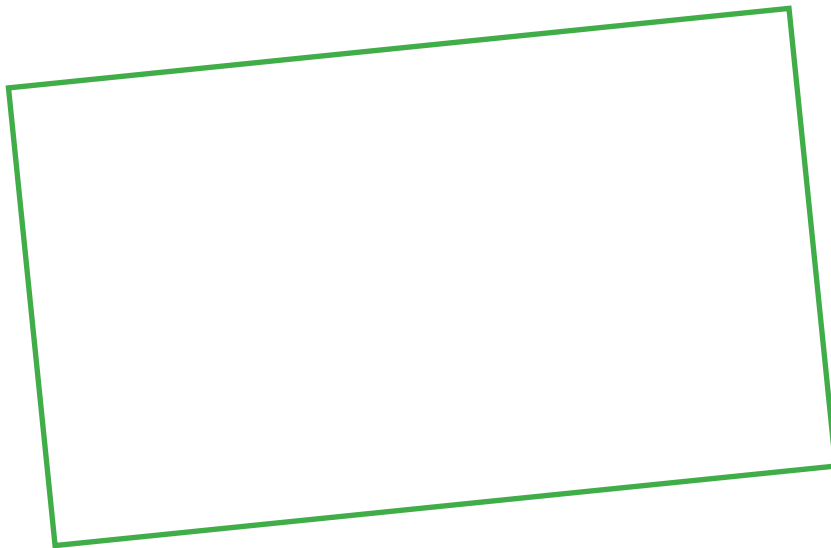
As for me, I thought fifty years was going to be the finish line. But this summer was so much fun for Nanny and me that we’ve definitely decided to return next summer. I’m still hoping that someone will come along and recognize the wonderful benefits of owning a children’s camp, and make me an offer that I can’t refuse.

Here’s wishing everyone a wonderful winter. Many thanks for your support of Windridge.

Warmly, Ted

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CIT Program - Looking For Tomorrows Leaders

Our CIT (Counselor-In-Training) program is focused on developing essential leadership skills for our 16 year old campers. Successful completion of the program should prepare them to be excellent Junior Counselors, but also provides them with skills that can be used in all avenues of life. Some skills we work on improving are communication, teamwork, setting goals and achieving them, developing strong relationships with others, respect, organization, creativity, and handling conflicts and solving problems. They are taught through a variety of fun and challenging activities, as well as daily discussions.

The CITs all have a mentor, both in their specific program area, and in their cabin. They have one period per day in their program where they help to teach. They also have 2 periods per day where they meet as a group to work on the specific skills we are teaching. They get the opportunity to lead an evening activity for the younger kids one night, and they also work on certain events like Carnival and Banquet, where they put their teamwork skills to use. We are highly selective in choosing applicants for the program that we believe will be a good fit. This is important because these mature teens will be working (alongside their mentors) with the

younger campers. We look forward to another great group of Counselors-In-Training this summer!

